



Resource List: Miscarriage & Pregnancy Loss

The resources listed here align with Focus on the Family's philosophy and mission. Call us at 1-800-A-FAMILY, or visit our online store at store.focusonthefamily.com. (Information is regularly updated, but it's still possible that an item originally available from Focus on the Family is now unavailable.) You might also be interested in content posted on our website at focusonthefamily.com.

Included

[Books](#)
[Broadcasts](#)
[Webpages, Q&As, and Resource Lists](#)
[Referrals](#)

Books

Empty Arms by Pam Vredevelt (2001) • 9781576738511 •

"Hope and Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy"

Expecting With Hope by Teske Drake (2014) • 9780825443374 •

"Claiming Joy When Expecting a Baby After Loss"

Grieving the Child I Never Knew by Kathe Wunnenberg (2015) • 9780310350651 •

"A Devotional for Comfort in the Loss of Your Unborn or Newly Born Child"

Hannah's Hope by Jennifer Saake (2005) • 9781576836545 •

"Seeking God's Heart in the Midst of Infertility, Miscarriage, & Adoption Loss"

Hope for Today, Promises for Tomorrow by Teske Drake (2012) • 9780825442186 •

"Finding Light Beyond the Shadow of Miscarriage or Infant Loss"

I'll Hold You in Heaven by Jack Hayford (2003) • 9780800796617 •

"Healing and Hope for the Parent Who Has Lost a Child Through Miscarriage, Stillbirth, Abortion, or Early Infant Death"

Safe in the Arms of Jesus by Robert P. Lightner (2000) • 9780825431562 •

"God's Provision for the Death of Those Who Cannot Believe"

Silent Grief by Clara Hinton (1998) • 9780892213719 •

"Miscarriage—Child Loss: Finding Your Way Through the Darkness"

Thrive, Don't Simply Survive: Passionately Living the Life You Didn't Plan by Karol Ladd (2016) • 9781416580492 •

A woman's life can be filled with unexpected events—miscarriage, relocation, unemployment, and more. Ladd's biblically based principles equip you to develop spiritual maturity and resilience, renew your purpose and passion, and heal from hurts.

Broadcasts

Hope in the Midst of Infertility (Marlo Shalesky, "Sarah") • 9781624713583 •

Guests speak to the hurt of couples experiencing difficulty conceiving, and the emotional stress and marital struggles that can result. They also suggest ways to maintain good communication with your spouse in the midst of infertility or miscarriage, and how to stay grounded in the knowledge of God's love and sovereignty.

How Can I Change? (Ann Kiemel Anderson) • 9781624712548 •

When Anderson and her husband suffered one miscarriage after another—and then were further devastated as their attempts at adoption failed—she began to see how God used grief to transform her life and draw her closer to Him. Be encouraged by Anderson's faith as she urges listeners to seek the blessings that sometimes come only through sorrow.

Focus on the Family Webpages, Q&As, and Resource Lists

Life Challenges—Miscarriage

- focusonthefamily.com/lifechallenges/relationship-challenges/miscarriage/miscarriage
This series of articles addresses physical and emotional struggles of miscarriage.

Q&As

- focusonthefamily.com/family-q-and-a
Browse our Q&As for advice and encouragement, including the following:

Dealing With the Pain of Miscarriage

How to Support Someone After a Miscarriage

Pregnant Woman Is Afraid of Having Another Miscarriage

Resource Lists

- focusonthefamily.com/family-q-and-a/resources-and-referrals
Find recommended resources and referrals listed by topic, including the following:

Comfort and Encouragement • RL003 •

Grieving the Loss of a Child • RL045B •

Infertility • RL052 •

Referrals

Focus on the Family Counseling Consultation Line

Focus on the Family offers a free phone counseling consultation with a licensed counselor. They're here to listen and pray with you, as well as provide initial guidance and resources to help you and your family. Phone 1-855-771-HELP (4357), Monday through Friday, 6:00 AM to 8:00 PM (MT) to arrange a call back.

Focus on the Family's Christian Counselor Network

Search for licensed Christian counselors in your area: FocusOnTheFamily.com/FindACounselor

Compassionate Friends, Inc.

P.O. Box 3696

Oak Brook, IL 60522

877/969-0010

compassionatefriends.org

- Compassionate Friends assists families in processing grief following the death of a child of any age, and they provide information to help others know how best to support a hurting family.

Hannah's Prayer Ministries

P.O. Box 2984

Cumming, GA 30028

562/335-4130

hannah.org

- Hannah's Prayer Ministries offers Christian-based support to women struggling with the pain of fertility challenges, including pregnancy loss and early infant death.

M.E.N.D. (Mommies Enduring Neonatal Death)

P.O. Box 631566

Irving, TX 75063

972/506-9000

mend.org

- This Christian organization encourages families who've lost a baby through miscarriage, stillbirth, or early infant death.

A Quiet Refuge

14786 Air Garden Lane

Colorado Springs, CO 80921

russ@quietrefuge.com

quietrefuge.com

- This ministry helps families who have experienced pregnancy loss or early infant death to preserve memories and mementos in an illustrated photo-journal album.

SHARE

National Share Office

402 Jackson Street

Saint Charles, MO 63301

800/821-6819

nationalshare.org

- This organization comes alongside those who have lost a baby to miscarriage, stillbirth, or early infant death.

Umbrella Ministries

P.O. Box 4906

Palm Springs, CA 92263

888/568-5550

umbrellaministries.com

- Umbrella Ministries offers comfort, hope, and encouragement to mothers who've suffered the loss of a child.